

# Frederick County Child Health Partnership

## Meeting Minutes

Thursday, January 28, 2010

- I. Present: Jackie Douge', FCHD  
Dan Nallo, YMCA  
Tammy O'Connor, YMCA  
Debbie Rhoades, U of MD Extension  
Tom Werner  
Jill Paleos, Families Plus!  
Lana Tinney, Head Start  
Andy Lett, County Parks and Recreation  
Angie Blair, FCHD  
Darylle Smoot, GSCNC  
Sara Shankle, FCHD, School Health  
Jennifer Mayer, PPMIO  
Jenny Maybry, MD Sports Care & Rehab  
Cheryl Champagne, MD Sports Care & Rehab  
Christa Williams, FCPS
- II. Announcements
  - a. Tom Werner gave an update on the National Snackwise® program out of National Children's Hospital, Columbus, Ohio.
    - i. The program grant has ended for the national program and the hospital is not able to sustain the program financially. The website [www.snackwise.org](http://www.snackwise.org) and program may fold if funding is not found.
    - ii. Christa will pass along the information to the teachers who will be teaching the Snackwise lessons for the third quarter for the FCCHP grant through Kaiser.
  - b. Frederick County Healthcare Coalition
    - i. Dr. Douge' has sent a letter to Jim Williams of the Healthcare Coalition to present to the advisory board to request a consideration that the healthcare coalition and FCCHP join under a common umbrella to help alleviate staff time and to increase the amount of grant money that we both may receive- as they are pursuing a 501(c) 3 status. At the time of the meeting, Mr. Williams had yet not replied.

UPDATE: Dr. Douge' received an email from Mr. Williams on 1/28/10 stating:

The Executive Comm. feels at this time the mission of the coalition is access and affordability to quality health care. It was felt that wellness is not in the scope at this time and are challenged currently with acute medical, dental, and psychiatric access.

The other thing to bring to your attention is the Coalition has not yet received its 501(c) (3) status so would not be of help to your committee for grants. Some of us clearly understand wellness as an integral component of healthcare, but the committee at this time feels we need to stick with the original mission.

- c. Dr. Douge' presented the members with an opportunity to take part in the newly formed Obesity Task Force led by the Council of Government (COG). Meetings will take place in Washington DC and the next meeting is on February 4, 2010. There is an option to join via teleconference. FCHD will be participating in the next meeting that is set up as a brainstorming session on evidence based practices for community programs. Tom Werner elected to attend these meetings on FCCHP's behalf.
- d. Angie Blair handed out Flyers to members to spread the word for the upcoming program **Power to Prevent**: a 12 week program that helps adults who have and are at risk for type 2 diabetes to become more physically active and to eat healthier more often. The program is free and will run Mondays or Thursdays from 6-8 PM. Contact Angie Blair for more information at [ablair@FrederickCountyMD.gov](mailto:ablair@FrederickCountyMD.gov) or [www.frederickcountymd.gov/powertoprevent](http://www.frederickcountymd.gov/powertoprevent)
- e. Debbie Rhoades announced that John's Hopkins University is looking for participants to enter into a study focused on kidney disease and diabetes. Participants will be paid \$1500 to eat meals twice a day at a location to be determined here in Frederick. More information to follow.

III. Election held for Co-Chairs

- a. Tammy O'Connor of the YMCA and Darylle Smoot of GSCNC were elected as new co-chairs. Thank you to these women for taking on the challenge, and we all look forward to your leadership this year.

IV. Debbie Rhoades presented on Nutrient Rich Foods.

- a. For more information, please visit [www.nutrientrichfoods.org](http://www.nutrientrichfoods.org).
- b. The presentation was very well received among the members. Discussion took place on whether to incorporate this information into one of FCCHP's existing endeavors- such as the 5210 or encompassing the information along with Snackwise® under a new umbrella focusing on eating healthy/nutrition education. Members will continue to discuss this topic at the next meeting.

V. Upcoming dates to remember:

- a. April 24<sup>th</sup>: Children's Festival, Frederick
- b. May 15<sup>th</sup>: YMCA Healthy Kids Day

**Next meeting:**  
**February 25, 9:30-11:00am**  
**MD Cooperative Extension Offices- 330 Montevue Lane, Frederick**